

**HELLO  
MY NAME IS**

**"HOPE"**

**Where life can be supported in communities**



Ridgeview has created an online support group that provides education about mental health and addiction.

This unique support group is for family members who have loved ones currently receiving treatment with us, those seeking treatment, or for family members of Alumni in the community.

This is not group therapy, instead it's a safe place to process, share and connect with those who are going through similar life experiences.



**Every Tuesday Night:**

**7:00 pm**

**ZOOM MEETING ID: 7680721405**

**PASSCODE: HOPE**

**Ridgeview**  
INSTITUTE - SMYRNA  
*Behavioral Healthcare*

**844-350-8800**