14TH ANNUAL

WHITE WATER RAFTING ADVENTURE

INSTRUCTIONS

Sunday, July 21, 2024 / With Quest Expeditions

We will meet at Pro-North at 8:00AM and organize into carpool groups. We will depart no later than 8:15AM. A second group of those residing north of Ridgeview will meet at the Cracker Barrel at I-75 and Chastain Rd at 8:15AM and will depart no later than 8:30AM.

Everyone must be on site and checked in at Quest Expeditions by 10:45AM. We will have a short training class and be on the bus to the river by 11:15AM. The trip will end around 2:15PM. NO children under the age of 12 years can participate. Parents of minors, ages 12-17, must fill out a Waiver.

Wear a bathing suit and or T-shirt & shorts. You will get wet. **SHOES ARE REQUIRED!** (No flip-flops in the rafts) Bring a change of clothing & towel. Sunglasses must be strapped on if you want to keep them. Ladies, it is suggested that you wear shorts over your bathing suit bottoms.

You will need a plastic bag for wet clothing. Sunscreen is highly recommended, especially on your face and the tops of your thighs. You can bring "tail gate" food, drinks, and supplies to eat & share before rafting. Bring about \$5 to tip your guide.

Our favorite dining place is not open on weekends anymore so we will have to decide on a place along the route on the way back. We will discuss this when we meet and see what is available on the route.

We should arrive back at Pro-North around 6 – 6:30PM.

DIRECTIONS FROM PRO-NORTH

Take I-75 north from Pro-North about 35 miles that will put you north of Cartersville. Take Exit 293 for US 411 North to White and Chatsworth. Proceed north on US 411 through Chatsworth into Tennessee, approximately 64 miles to a point where US 411 intersects US 64. Take a left onto the ramp for US 64 East and proceed on US 64 about 0.1 miles. Quest Expeditions will be on the left slightly below the level of the road. This is about one hour and 45 minutes to two-hour drive.